

Starters Coeliac Menu

Crab Claws €12.50 1/2/

Tossed in fresh Garlic, served with a Seasonal Salad.

Boston Prawn Salad €7.80 1/2/7/5/9

Boston Prawns on a bed of Lettuces & Marie-Rose Dressing.

Old Fashioned Potted Crab Meat €6.95 2//9/1

Crab Meat, fennel seeds & chilli, grated tangy lemon, dollops of mayonnaise. Creamy Irish butter & a pinch of nutmeg.

Mussels €6.95 2/5/

Mussels tossed lightly in an onion garlic creamy white wine sauce (when available)

Egg mayonnaise €5.50 1/9/5/

Eggs on a bed of mixed leaves smothered with
Mayonnaise & paprika

Home Made Soup Of The Day €3.95 7/1/

Homemade Soup with the freshest seasonal ingredients

Cajun Chicken Skewers €6.80 1/

Pieces of Chicken Breast on a stick covered with
Cajun sauce

Minced meat parcels €5.50 1/5/

Cos lettuce, with Minced Meat, Grated Cheese and Marie-Rose Dressing

Mains

The Abbey Salmon Steak €15.95

Garnished with Asparagus tips & Baby New Potatoes when available

Braised Lamb Shank €11.95

Served On a Bed Of Mash and a side of seasonal vegetables

Surf + Turf €26.50

10oz fillet steak topped with crab claws on a bed of mash drizzled with garlic butter

Roast Sirloin Beef €11.95 /9/

With Seasonal Vegetables & Potatoes

Roast Breast Chicken €11.95 /9/

With Seasonal Vegetables & Potatoes

Mixed Meat Platter €11.95 1/9/5/

Cold Seafood Platter €11.95 1/5/9/

Vegetarian Salad €7.50 1/5//9

Double Bacon, Double Egg, Beans, Sausage & French Fries €10.95 /9/

House Special Omelette €11.50 1/9/

Served with fries & salad

Warm chicken tikka salad €11.95 1/

Chicken breast tossed in tikka masala sauce on a bed of seasonal lettuce

Steaks

Sizzling 10oz. Sirloin Steak €19.00

Sizzling 10oz. Fillet Steak €21.50

Sizzling 16 OZ T. Bone Steak €23.50

All Steaks are served on a sizzling plater with Onions, Mushroom & Chips. Accompanied with Pepper Sauce or Garlic Buter.

Burgers & Coeliac Bun

Major Burger €13.50 1/5/

8 oz Grilled Burger with Curried Mayonnaise, Red Onion, Bacon, Cheddar Cheese & Tomato

Stilton Burger €13.50 5/1

8 oz Grilled Burger with Bacon & Stilton Cheese

Garlic Burger €12.50 1/

8 oz Grilled Burger with Roasted Garlic & Garlic Mayonnaise

Sizzling peppered Burger €13.50

8 oz Sizzling Burger on a bed of Fried Onions, Topped with Pepper Sauce

Mexican Burger €13.50 1/5/

8 oz Burger with Sour Cream, Salsa Jalapenos & Cheese

Fried Egg Burger €12.50 1/5/9

8 oz Burger Topped with a Sunny Side Up Fried Egg

(ALL BURGERS SERVED WITH FRIES & SALAD)

Desserts

Mixed Ice Cream €4.95 Mixed fruit Salad €4.95 Homemade fruit Pavlova €4.95

Irish / French / Baileys Coffee €5.50 Banana Split with chocolate Sauce €4.95